

## Bar Hill Primary School

### Sex and Relationships Policy

June 2002

Reviewed November 2004

'Sex and relationships (SRE) contributes to promoting the spiritual, moral, cultural, mental and physical development of the young people at our school and of society and prepare young people for the opportunities, responsibilities and experiences of adult life. (DFEE SRE July 2000.)'

Sex Education is a life long process of acquiring information and forming attitudes, beliefs and values about sexual identity, relationships and intimacy. We aim to teach our young people about feelings, friendships and relationships, helping their transition from childhood to puberty and finally adulthood. Our young people need to make informed, healthy decisions in all aspect of their lives and be happy and safe with those decisions.

*Research demonstrates that good, comprehensive sex and relationship education does not make young people more likely to enter into sexual activity. Indeed it can help them learn the reasons for and the benefits to be gained from such a delay.*

'SRE is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity'. (DFEE July 2000)

#### Aims:

- *Develop good relationships and respect differences.*
- *Develop confidence, responsibility and make the most of their abilities.*
- *Be prepared to be active citizens.*
- *Develop the skills for a healthier safer lifestyle.*
- *Develop confidence in talking, listening and thinking about feelings and relationships.*
- *Develop skills to cope with the influences of their peers and media.*
- *Be able to name parts of the body and their function.*
- *Respect and care for bodies.*
- *To be able to protect themselves and ask for help or support.*
- *To be prepared for puberty.*

#### The teaching of Sex and Relationship Education:

Bar Hill believes that the teachers know and respect their pupils and so deliver the best form of education. At times outside visitors such as the school nurse will support the class teacher. There will be a close liaison in such occasions. No visitor will be left alone to run a lesson.

Our teaching methods take into account the developmental differences and *individual needs* of all children, particularly in year six. We will use a variety of activities to engage boys as well as girls. Discussions may take place on a class level, small groups or even individually. Culturally appropriateness will be considered. *Every child* will be given the *opportunity* to access the curriculum.

### **Rights of the young person:**

- *The right to pass.*
- *Not to be judged/put down.*
- *To be listened to.*

### **The teaching programme:**

*The full programme and samples of materials used has been included in the appendix.*  
However we would like to clarify these points:

Our young people will be taught about the nature of marriage and its importance for family life. Bar Hill recognises that there are strong mutually supportive relationships outside marriage. Our young people will learn the significance of marriage and stable relationships as key building blocks of community and society. Teaching will be sensitive in this area so as not to stigmatise young people on the basis of home circumstances.

*Puberty.* Our young people will be taught to know and understand how they change and develop at puberty so they can manage both the physical and emotional changes. Clear parameters have been set on class and individual teaching of sensitive areas.

*Menstruation.* Preparation for menstruation will be included in the programme. Arrangements will be made to ensure all young girls know who to tell and how. Privacy will be given to girls when asking for sanitary protection and disposal.

### **Parental involvement:**

We are committed to working in partnership with parents and carers. Parents will be involved with every stage of the development of this policy. The teaching will be **complementary** to the role of the parents.

We encourage parents to work in conjunction with the school in overcoming any sensitive areas (see legal requirements).

### **Legal requirements:**

The Governors of Bar Hill have responsibility to decide on the provision and implementation of Sex Education. The Governors must keep a written statement of this decision. This statement will be recorded in the autumn term of each year. (See appendix\*)

The policy must be available to parents. Additionally parents have a right to withdraw their children from the programme, *except for that taught as part of the national curriculum.*

The Governors and Head will ensure the programme is in accordance with section 56 of the Education Act (No.2) 1986.

'SRE is given in such a manner as to encourage those pupils to have due regard to moral considerations and the value of family life.'

### **Resources:**

In our school we use a variety of resources to complement the teaching of Sex and Relationship Education, samples has been included in the appendix. Parents will be invited to preview resources to be used on an annual basis.

### **How this policy has been written and by whom:**

*The first draft of this policy was drafted by the PSHE co-ordinator using government guidelines and materials supplied by the county PSHCE advisory service. This policy will now be discussed and amended by the working party, which includes parents, governors, support staff, teachers and PTA members. Finally it will be discussed and amended by the governors who will allow its implementation.*

### **Review:**

**January 2006**

Approved December 2004